

网校名师么教授09年职称英语押中题目之理工类B级完型填空
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https://www.100test.com/kao_ti2020/645/2021_2022__E7_BD_91_E6_A0_A1_E5_90_8D_E5_c91_645328.htm 理工类B级试卷押中
题目完型填空：Taking a Nap During the Day Medical experts say
most Americans do not get _____51 sleep. They say more
Americans need to rest for a short period in the middle of the day.
They are advising people to sleep lightly before _____52 with other
activities. One study earlier this year found that persons who sleep for
a few minutes during the day were less _____53 to die of heart
disease. The study followed more than 2,300 Greek adults _____54
about six years. Adults who rested for half an hour _____55 three
times a week had a 37 percent lower risk of dying from heart disease
than those who did not nap. Study organizers said the strongest
evidence was in working men. They said naps might improve _____
56 by mitigating tension caused by work. Some European and Latin
American businesses have supported the _____57 of napping for
many years. They urge people to _____58 work, go home and have a
nap before returning. In the United States, some companies let
workers rest briefly in their offices. They believe this reduces
_____59 and accidents, and _____60 increases the amount of work a
person can do. Sleep experts say it is likely that people make more
mistakes at work than at other times. They say people should not
carry out important duties when they feel _____61 And they say the
best thing to do is to take a nap. About twenty minutes of rest is
_____62 you need. Experts say this provides extra energy and can

increase your effectiveness _____63 the end of the day. But experts warn that a nap _____64 last no more than twenty to thirty minutes. A longer nap will put the body into deep sleep and waking up will be _____65 . 练习：采集者退散 51. A sweet B sound C bad D enough 52. A checking B sharing C continuing D meeting 53. A lovely B likely C fondly D finely 54. A for B at C in D with 55. A at least B at most C at last D at first 56. A ability B health C thinking D life 57. A experiment B reform C idea D way 58. A repeat B improve C change D leave 59. A work B mistakes C energy D time 60. A never B seldom C too D also 61. A ready B good C sleepy D awake 百考试题 - 全国最大教育类网站(100test.com) 62. A all B few C any D nothing 63. A unless B while C until D during 64. A would B may C might D should 65. A helpful B difficult C easy D happy 答案：DCBAA BCDBD CACDB 编辑推荐：为帮助广大学员有效备考，我们特推出了职称英语2010年网络辅导课程,相信会让大家有耳目一新的视听感受。2009年职称英语通过率近100%，为答谢数十万用户厚爱，百考试题环球网校 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com