

老外自述：在中国喝到一杯好咖啡不容易实用英语 PDF转换  
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expensive too. Also, as an Englishman, what I really miss is ” a good cuppa cha! ” I am used to black tea not green tea. Black has undergone a lot more processing, including fermentation, which gives it a distinctive taste. When my brother came for a visit I asked him to bring me some English tea. He thought this a tad strange, a bit like “ bringing coals to Newcastle ” , but brought me two big boxes of extra strong breakfast tea. I do drink green tea and I am getting a taste for it. There is some debate which is better for you and it seemed, when it came to health benefits, green tea was the clear winner. However recent research suggests the jury is still out and both black and green reduce the risks of strokes, heart disease and cancer. So that ’ s good news and, whether you drink green or black, I hope you enjoy your cuppa! 100Test 下载频道开通 , 各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)