托福口语第一题十个小段子(9) PDF转换可能丢失图片或格式,建议阅读原文

https://www.100test.com/kao\_ti2020/646/2021\_2022\_\_E6\_89\_98\_E7\_A6\_8F\_E5\_8F\_A3\_E8\_c81\_646768.htm Task 1-9 I eat healthy and exercise. When I am not busy, I'd go online and check out healthy diet. The information on the internet helps me understand the body and nutrition better and it is really helpful for me to choose and prepare healthy food. What 's more, sports is another way for me to stay robust. I swim and run in my spare time and do pushups and situps to keep healthy and strong. Occasionally, I will play basketball with my friends and classmates. Games make you forget about time and you don 't feel exhausted when you play for a long time. It is kind of exciting to do so. 100Test 下载频道开通,各类考试题目直接下载。详细请访问 www.100test.com