

2010年12月英语四六级考前作文预测 PDF转换可能丢失图片或格式，建议阅读原文

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2010年12月英语四六级于2010年12月18日举行，为了让大家高分通过考试，百考试题编辑收集整理了2010年12月英语四六级考前九篇预测作文，百考试题祝大家高分通过考试！编辑推荐：#0000ff>2010年12月英语四六级试题及答案解析专题 #0000ff>2010年12月英语四级考试试题及答案在线估分 预测主题之第九位：节约

As is vividly revealed in the drawing above, water is being wisely utilized in the daily life of a family. The good conduct is indeed praiseworthy and should be popularized in our society. The implied meaning of the drawing can be stated as follows. To begin with, to practise economy is closely related to our daily life. In terms of our clothing, food, sheltering, and transport, much work can be done to save valuable energy and natural resources such as power, water, coal, gas and so on. We, as university students, should take the wise use of paper and second-hand textbooks into consideration. What ' s more, the public participation is the foundation of a society in which to practise economy is advocated and treasured. Since social environment is shaped by the general public, the cultivation of economy-practising society depends on the active involvement of every member of our society, be he old or young. In sum, our daily life should be permeated with the sense of practising economy and public participation should be encouraged. In my view, necessary measures should be taken so as to practise economy. On the one hand, we

should launch a public campaign to help people build up the sense of practicing economy in our routine life. On the other hand, education on how to practise economy must be promoted by relevant government departments and professionals at different levels. Only in this way can we create a real economy-practising society.

预测主题之第八位：压力

As the pace of life continues to increase, we are fast losing the art of relaxation. Once you are in the habit of rushing through life, being on the go from morning till night, it is hard to slow down. But relaxation is essential for a healthy mind and body. Stress is a natural part of everyday life and there is no way to avoid it. In fact, it is not the bad thing as it is often supposed to be. A certain amount of stress is vital to provide motivation and give purpose to life. It is only when the stress gets out of control can it lead to poor performance and ill health. The amount of stress a person can withstand depends very much on the individual. Some people are not afraid of stress, and such characters are obviously prime material for managerial responsibilities. Others lose heart at the first signs of unusual difficulties. When exposed to stress, in whatever form, we react both chemically and physically. In fact, we make a choice between "flight or fight" and in more primitive days the choices made the difference between life or death. The crises we meet today are unlikely to be so extreme, but however little the stress, it involves the same response. It is when such a reaction lasts long, through continued exposure to stress, that health becomes endangered. Such serious conditions as high blood pressure and heart diseases have established links with stress. Since we cannot

remove stress from our lives (it would be unwise to do so even if we could), we need to find ways to deal with it. 预测主题之第七位 : 心理

As is apparently betrayed in the bar chart above, at present university students suffer from psychological problems of various kinds, among which spiritual depression, miscellaneous problems, and suicide-committing top the list. What the chart reveals is indeed thought-provoking. The implied meaning of the chart above can be briefly stated as follows. On the one hand, university students are encountering more psychological problems than ever before. The fact can be attributed to many factors. Most university students are overloaded with study and haunted by employment pressure. As young and inexperienced people, they are also facing emotional dilemma and trial of human interrelationship. Besides, some students are in a financial predicament. On the other hand, necessary psychological work for university student is a must for the time being. It is quite shocking that at least forty percent of university students suffer from spiritual depression. The very fact should not be neglected. Effective countermeasures must be taken to reverse the current grim situation. In sum, the psychological problems should be put on our agenda. In my view, great efforts must be made so as to ensure the healthy growth of university students. To begin with, we must have a good understanding the necessity of psychological instruction and guidance among university students. What ' s more, government departments at different levels and related organizations should make joint efforts to create a more relaxing environment for university students. Only in this way can university students develop

well both physically and psychologically. 100Test 下载频道开通，
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