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https://www.100test.com/kao_ti2020/646/2021_2022_2011_E8_81_8C_E7_A7_B0_c91_646636.htm Many Women Who Beat Cancer Dont Change Habits Many women who battle breast cancer will tell you its a life-changing experience. However, a new study shows that for many __ 51 __, the changes arent always positive or permanent. Beth Snoke has watched her mother and both grandmothers battle and survive breast __ 52 __ So when she was diagnosed, there was no doubt in her mind __ 53 __ she had to do. "I do exactly what the doctors say as far as the medicine that Im on, as 54 as the vitamins, the diet, and the fitness. And I cant stress enough __ 55 __ important that is," says Beth Snoke. But a surprising new study shows that __ 56 __ every woman who beats breast cancer is getting that message. In fact, nearly 40% of them say even __ 57 __ surviving breast cancer, they havent made significant changes in the __ 58 __ they eat or how much they exercise. "Not all survivors are taking advantage of this teachable moment and making positive health changes in __ 59 __ life," says Electra Paskett, PhD, at Ohio State Universitys Comprehensive Cancer Center. Paskett says diet and exercise have been proven to not only help women feel better during and after treatment, they may __ 60 __ play a role in preventing some cancers from coming back. __ 61 __ growing evidence, some women just arent listening. "Colon cancer survivors __ 62 __ exercise have actually been shown to have improved survival rates. So, yes, it is true that perhaps by making some of these healthy choices we can actually

increase their health," says Paskett. As a breast cancer survivor ____ 63 ____ , Paskett knows first hand how much difference diet and exercise can ____ 64 ____ . The challenge, she says, is to get more survivors to be more like Beth, during and after treatment. Experts say exercising more and eating a healthier diet can also cut ____ 65 ____ on stress and help women overcome depression. There are more than 2 million breast cancer survivors living in the U.S. Of those, nearly a million have yet to change their diet or exercise routines. 51. A women B people C persons D men 52. A death B ache C cancer D feeding 53. A which B that C what D those 54. A far B soon C fast D early 55. A what B so C very D how 56. A not B no C neither D nor 57. A before B after C without D since 58. A place B kind C way D much 59. A their B his C her D our 60. A too B do C further D also 61. A Despite B Although C Accepting D Regardless 62. A who B whose C which D what 63. A myself B itself C herself D yourself 64. A take B make C offer D decide 65. A up B off C in D down 参考答案 51 A 52 C 53 C 54 A 55 D 56 A 57 B 58 C 59 A 60 D 61 A 62 A 63 C 64 B 65 D 相关推荐：100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com