

2011年职称英语卫生类C考前每日一练(18) PDF转换可能丢失  
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下面的短文有15处空白，请根据短文内容为每处空白确定1个最佳选项。第6部分：完形填空(第51~65题，每题1分，共15分) 下面的短文有15处空白，请根据短文内容为每处空白确定1个最佳选项。

A Health Profile (概貌) A health profile is a portrait of all of the factors that influence your health. To draw your health profile, you will \_\_\_\_\_ (51) what diseases run in your family, what health hazards you may be exposed to \_\_\_\_\_ (52) work, how your daily \_\_\_\_\_ (53) compares to the recommended standards, how much time per week you \_\_\_\_\_ (54) exercising and what type of exercise you engage \_\_\_\_\_ (55), how stressful your work and family environments are, what kinds of illnesses you get regularly, and \_\_\_\_\_ (56) or not you have any one of a number of addictions. \_\_\_\_\_ (57) this portrait, you should have a checkup to determine how your blood, heart, and lungs are functioning. This checkup will serve \_\_\_\_\_ (58) a baseline, to which you can then compare later tests. \_\_\_\_\_ (59) this profile is thoroughly drawn, you can begin to think about setting health priorities based \_\_\_\_\_ (60) your particular portrait. For example, if you drink two martinis (马提尼酒) every evening, have a high--stress \_\_\_\_\_ (61), are overweight, smoke a pack of cigarettes a day, and use marijuana (大麻烟) occasionally on weekends, you should quit smoking first, followed (62) losing the

excess weight, reducing the stress of your job, giving up your marijuana habit, and then finally giving some \_\_\_\_\_ (63) to those martinis if you want to prevent first cancer, and then heart disease. Even for the youthful working person who has never been sick a day in his life, who is \_\_\_\_\_ (64) excellent health, a good look at all health habits and at work and home environments may suggest changes that will \_\_\_\_\_ (65) him in the future.

51. A. know B. have known C. need know D. need to know  
52. A. with B. in C. on D. at  
53. A. diet B. meals C. food D. dinner  
54. A. use B. devote C. spend D. take  
55. A. on B. in C. with D. about  
56. A. if B. whether C. either D. neither  
57. A. To complete B. Completing C. Completion D. To be completed  
58. A. as B. for C. on D. about  
59. A. Unless B. Once C. If D. Although  
60. A. around B. with C. about D. on  
61. A. work B. task C. job D. place  
62. A. on B. with C. after D. by  
63. A. thought B. idea C. thinking D. talk  
64. A. for B. in C. with D. on  
65. A. reap B. harvest C. benefit D. lead

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