

高级笔译辅导：从睡觉的姿势看性格 PDF转换可能丢失图片或格式，建议阅读原文

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personalities-the one that is shown to the world and the other that is secret and real. You don ' t show your secret personality when you

' re awake because you can control your behavior, but when you ' re asleep, your sleeping position shows the real you. In a normal

night, of course, people frequently change their position. The

important position is the one that you go to sleep in. 每个人的性格

都具有双重性--向外界显示的一面，还有真实却深藏不露的一面。在你清醒的时候，你不会表露出你秘密的一面，因为

你能控制自己的行为.可在你入睡的时候，你睡觉的姿势会展示真实的你。正常情况下，人们在夜里会不断改变姿势。重

重要的是你入睡时的姿势。 If you go to sleep on your back, you

' re a very open person. You normally trust people and you are easily influenced by fashion or new ideas. You don ' t like to upset

people, so you never express your real feelings. You ' re quite shy and you aren ' t very confident. 如果你是仰卧着入睡的，说明你

是个心胸开阔的人。你一般信任他人，容易受时尚和新思想的影响。你不喜欢得罪人，所以你从不表露自己的真实感情

。你很害羞，不够自信。 If you sleep on your stomach, you are a rather secretive person. You worry a lot and you ' re always easily

upset. You ' re very stubborn, but you aren ' t very ambitious. You usually live for today not tomorrow. This means that you enjoy

having a good time. 如果你俯卧睡觉，说明你比较含蓄。你常

忧心忡忡，且容易烦恼。你很固执，却没有多大抱负。你一般是今朝有酒今朝醉。也就是说，你喜欢玩得快乐。 If you sleep curled up you are probably a very nervous person. You have a low opinion of yourself and so you ' re often defensive. You ' re shy and you don ' t normally like meeting people. You prefer to be on your own. You ' re easily hurt. 如果你睡觉时蜷缩着身体，那你可能是一个神经紧张的人。你自我感觉不好，所以常常谨小慎微。你还比较害羞，一般不喜欢与人打交道。你更喜欢一人独处。你容易受伤害。 If you sleep on your side, you have usually got a well-balanced personality. You know your strengths and weaknesses. You ' re usually careful. You have a confident personality. You sometimes feel anxious, but you don ' t often get depressed. You always say what you think even if it annoys people. 如果你是侧卧着睡觉的，说明你的性格比较稳健。你了解自己的优点和缺点。你处事比较谨慎。你很自信。你有时会感到焦急不安，但不会轻易愁苦。你总是直言快语，不怕得罪人。 相关推荐：#0000ff>2011年高级笔译辅导：史上最强百句长难句 #0000ff>汉译英：中国明年将结束宽松货币政策 #0000ff>汉译英：中国打击热钱的原因 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)