

和同事不能说的秘密：办公室四大禁忌话题 PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/646/2021\\_2022\\_\\_E5\\_92\\_8C\\_E5\\_90\\_8C\\_E4\\_BA\\_8B\\_E4\\_c96\\_646800.htm](https://www.100test.com/kao_ti2020/646/2021_2022__E5_92_8C_E5_90_8C_E4_BA_8B_E4_c96_646800.htm) 同事之间关系好是好事，这样能让你的职场生涯更顺畅、更和谐。但是，同事关系好就可以无话不谈了吗？记住，同事只是同事而已，同事不可能成为你的家人、你的死党，如果你不想影响你的职业生涯的话，有些话题还是不聊为好。 Friendships with your co-workers are inevitable and a great way to connect to your workplace but it ' s important to set a few conversation boundaries. Avoid these four topics to maintain a sense of professionalism and keep your office relationships work-appropriate. 同事间交朋友是不可避免的，这是职场人际的好办法，但是一定要为同事之间的谈话设个限。为了在职场显得更专业并保持正常的工作关系，职场人在办公室请不要讨论以下四大话题。 1.Dollars and cents: 金钱 It ' s no secret that salary talk should be avoided, but it ' s not just paychecks that ought to remain private. Debt, mortgage, and loans yours or anyone else ' s are a personal concern, and if money matters come up, the best thing to do is sidestep the subject and steer the conversation elsewhere. 职场不谈薪水已经不是什么秘密了，但是除了真金白银的工资外，债务、贷款、借贷等状况，无论是你自己的还是别人的，也都应当保护个人隐私而不予以讨论。如果别人讨论了有关钱的话题，那么你要做的就是回避并转移话题。 2.Office rumors: 办公室谣言 There will always be cubicle gossip, but that doesn ' t mean you need to participate. You want to be known for your work,

not your rumor radar. Even if you trust a co-worker and your intentions are good, there ' s still a chance that you ' ll be misunderstood, overheard, or otherwise caught up in the drama. Use your wit to comment on last night ' s TV highlights instead. 办公室的格子间里总会产生各种流言蜚语，但这并不意味着你也要参与八卦的讨论。你应该以你的工作表现而为人熟知，而不是你的八卦能力。即使你很信任某位同事，或者你的出发点是好的，你也可能在八卦的过程中被人曲解，偷听或者卷入是非之中。不谈办公室谣言，你还可以动动脑筋，聊聊昨晚电视里的八卦嘛。

3.Job status: 职位 If your boss offers you a raise or a promotion, by all means, celebrate! Call your family, or your friends, but don ' t bring it up to a co-worker unless asked directly. Wait until an announcement is made or until your title officially changes. raising the subject yourself might seem boastful or rude. 如果老板给你升职加薪，你的确应该好好庆祝一番！你可以给你的家人朋友打电话，但不要和你的同事说，除非有特别要求。等到有正式的文件下来或者你的头衔变更之后，你才可以和同事说。提早说的话，会让人觉得你是在沾沾自喜，或者会让人觉得你很傲慢。

4.Intimate issues: 个人私事 Of course you ' ll mention the happenings in your life to the people around you, but remember to set limits on what you reveal. Even if you feel close to your co-workers, they ' re still your co-workers, and some things simply shouldn ' t be shared with office-mates. When in doubt, ask yourself if it ' s something you ' d want your superiors to know. That will put things in perspective. 在与同事的谈话中，你不可避免地会谈到生活中发生的事，但是记住要分清楚什么

可以说，什么不可说。即使你和同事的关系再好，你们也只是同事关系，有些事情是不能和同事分享的。如果你吃不准到底什么能说的时侯，那就想一下，你希不希望这件事被你的上级知道。这样你就能正确地看待要讨论的事情了。

The bottom line: 底线 You will and should befriend the people who work alongside you, because getting along with co-workers can make your 9 to 5 pass in a snap. Just remember that those relationships are rooted in the workplace, so how and what you communicate can shape your business reputation. 和每天工作在你身边的人交朋友，这点没错，因为这样会使你的工作时间过得更快。但记住，职场中的朋友关系是建立在职场上的，你的一举一动、一言一行都会影响到你的职业声誉。 热门推荐：  
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