

2011英语四级考试美文晨读：Youth PDF转换可能丢失图片或格式，建议阅读原文

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读Youth Youth is not a time of life. it is a state of mind. it is not a matter of rosy cheeks , red lips and supple knees. it is a matter of the will , a quality of the imagination , a vigor of the emotions. it is the freshness of the deep springs of life. Youth means a temperamental predominance of courage over timidity , of the appetite for adventure over the love of ease. This often exists in a man of 60 more than a boy of 20. Nobody grows old merely by a number of years. We grow old by deserting our ideals. Years may wrinkle the skin , but to give up enthusiasm wrinkles the soul. Worry , fear , self-distrust bows the heart and turns the spirit back to dust.来源：上百考试题网校，考试轻松过关 Whether 60 or 16 , there is in every human being ‘ s heart the lure of wonders , the unfailing appetite for what ‘ s next and the joy of the game of living. In the center of your heart and my heart , there is a wireless station. so long as it receives messages of beauty , hope , courage and power from man and from the infinite , so long as you are young. When your aerials are down , and your spirit is covered with snows of cynicism and the ice of pessimism , then you ‘ ve grown old , even at 20. but as long as your aerials are up , to catch waves of optimism , there ‘ s hope you may die young at 80. 青春不是年华，而是心境；青春不是桃面、丹唇、柔膝，而是深沉的意志、宏伟的想象、炽热的感情；青春是生命的深泉在涌流 青春

气贯长虹，勇锐盖过怯弱，进去压倒苟安，如此锐气，二十后生有之，六旬男子则更多见。年年有加，并非垂老；理想丢弃，方堕暮年。岁月悠悠，衰微只及肌肤；热忱抛却，颓唐必至灵魂。烦忧、惶恐、丧失自信，定使心灵扭曲，意气如灰。无论年届花甲，抑或二八芳龄，心中皆有生命之欢乐，奇迹之诱惑，孩童般天真久盛不衰。人人心中皆有一台天线，只要你从天上人间接受美好、希望、欢乐、勇气和力量的信号，你就青春永驻，风华常存。一旦天线倒塌，锐气被冰雪覆盖，玩世不恭、自暴自弃油然而生，几十年方二十，实已垂老矣；然则只要竖起天线，捕捉乐观的信号，你就有望在八十高龄告别尘寰时仍觉得年轻。编辑推荐 100Test 下载

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