四级阅读:超级妈妈更容易得抑郁症 PDF转换可能丢失图片 或格式,建议阅读原文

https://www.100test.com/kao_ti2020/647/2021_2022__E5_9B_9B_ E7_BA_A7_E9_98_85_E8_c83_647185.htm Trying to be a supermum can be a recipe for depression, scientists said. 科学家称 ,做一个超级妈妈是让你患上抑郁症的途径之一。您看到来 自www.100test的新闻 Working mothers who try to do everything by themselves are more likely to become depressed than those who accept that they arent superhuman, a study of hundreds of women found. 一项涵盖了几百位女性的研究发现,那些事事亲力亲 为的上班族妈妈相比其他不勉强自己做超人的妈妈,更容易 得抑郁症。 "Women are sold a story that they can do it all, but most workplaces are still designed for employees without child-care responsibilities,"said researcher Katrina Leupp. "You can happily combine child rearing and a career, if you are willing to let some things slide." 研究员卡特里娜 100Test 下载频道开通,各类考试 题目直接下载。详细请访问 www.100test.com