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https://www.100test.com/kao_ti2020/96/2021_2022__E8_8B_B1_E8_AF_AD_E8_BE_85_E5_c64_96101.htm 安玛丽在学校里学会了海姆利克氏操作法。三周后她在危难时刻大显身手，成功地抢救了一个被肉噎住的老人的生命。她得到了人们的赞誉，还在州级大会上获得荣誉奖章呢！“ Mom, guess what I learned at school today ! ” shouted Ruth Perkinsdaughter Ann-Marie . Ruth smiled at her daughters excitement . As the 12-year-old went on and on about CPR(1)and the Heimlich maneuver(2) , mom nodded(3)proudly . Little did she guess how well her daughter knew her stuff ! Just three weeks later , Ann-Marie , her mom , and her grandmother stopped for lunch at Daves Restaurant . As the waitress set down their water , Ann-Marie heard a gasping(4) sound behind her . “ Someone cant breathe! ” , she thought . Turning , she saw Peter Moody , the restaurant owner , hitting a man on the back . Eighty-four-year-old Bill Russell had recently(5)lost his wife of 59 years and had come to Daves to help himself get through the dayhis wedding anniversary(6) . Now he was choking on(7)a piece of meat . Ruth looked at her daughter . “ The Heimlich maneuver ! ” Ruth blurted(8) . “ If you need to use it , can you ? ” “ Yes , ” a frightened Ann-Marie said . Just then , one of Bills friend , yelled(9) , “ Does anyone know the Heim lich maneuver ? ” In the crowded restaurant , only Ann- Maries hand shot upand it was trembling(10) . “ I hope I remember it , ” she

thought . “ I have to try ! ” “ I need him to stand up ,
 ” Ann-Marie said , and Irene and Ruth lifted the 5 7
 ,150-pound man . Then the 4 10 , 110-pound girl
 positioned her legs between Bills feet and locked her arms around
 him . Placing her hands just above his stomach(11) , she made a
 fist(12)with her right hand and cupped it with her left . Then she
 gently(13)pressed(14)in and up . Nothing . Again , Ann-Marie
 thrust(15)in and up . Again , nothing . “ Harder , Ann-Marie
 ! ” urged(16)Ruth . Please , please let this be right , Ann-Marie
 prayed(17) . Mustering(18)all her strength(19) , she gave Bill a
 forceful(20)thrust and the piece of meat dislodged(21)at last
 . Gulping(22) , Bill sank into a chair . “ Its gone ! ” he cried .
 “ Thank you ! ” Ann-Marie blushed(23)as all the people in the
 restaurant started to applaud(24) . Just then , param edics(25
)arrived and checked Bill , who declined(26)to go to the hospital
 , saying he felt fine . “ You did the right thing , and you did it
 well ! ” a paramedic told her . At a statewide convention(27)last
 month , they presented(28)Ann-Marie with the Medal of Honor(29) .
 “ Im so glad I was there , ” says Ann-Marie , “ And that I
 knew just w hat todo ! ” 注释 : (1)心肺复苏法(2)海姆利克
 氏操作法(3)点头(4)喘息的(5)最近(6)结婚纪念日(7)被...
 ...噎住(8)脱口说出(9)大声喊道(10)颤抖(11)腹部(12)拳
 头(13)轻轻地(14)压(15)挤(16)催促(17)祈祷(18)聚集(19)
 力量(20)有力的(21)脱落(22)吞食(23)脸红(24)鼓掌(25)医
 护人员(26)婉拒(27)州级大会(28)赠给(29)荣誉奖

章Exercises: 1 . Which of the following sentences best describe the

article ? a) Life is so precious so we should treasure every minute of it . b) We should chew meat very well before swallowing it . c) Dont panic in an emergency situation . d) Everyone should be trained to learn the Heimlich maneuver . 100Test 下载频道开通 , 各类考试题目直接下载。详细请访问 www.100test.com