

[写作基本功] Say "No" To Smoking PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/96/2021\\_2022\\_\\_5B\\_E5\\_86\\_99\\_E4\\_BD\\_9C\\_E5\\_9F\\_BA\\_c64\\_96241.htm](https://www.100test.com/kao_ti2020/96/2021_2022__5B_E5_86_99_E4_BD_9C_E5_9F_BA_c64_96241.htm) I'm sure that this is what hundreds of people say every day in their lives, but please listen to what I have to say. First, I'm going to talk about the good things about smoking. Some people say that smoking is relaxing, and some people are more confident with a cigarette in their hands. Even some people can't live without them. But do you know that smoking might cause lung cancer, gum cancer and various other types of cancers? It can make your teeth black and your fingers yellow. It'll even be the cause of blood deficiency and nausea, and it will definitely decrease your level of intelligence. On the other hand, the nicotine in cigarettes will make you want them more and more. For example, if a pack of cigarettes costs about 3 yuan, and Mr. Brown smokes one pack a day, it will cost him up to 1095 yuan per year. Cigarettes may cost you a fortune! Some people might say, "I don't care if I will get cancer, and I have lots of money to spend on cigarettes." But what about the people around you, what about all the second hand smokers? Their health is also being threatened by your smoking. Try to imagine, if a non-smoker is in a room full of smoke 3 hours a day > his/her health condition will be as bad as a person- who has smoked 3 packs of cigarettes in a week. So please, if you don't want to do it for yourself, do it for all the people who are around you say "no" to smoking! 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)